

香港青年獎勵計劃 賽馬會愛丁堡公爵訓練營

The Hong Kong Award for Young People
Jockey Club Duke of Edinburgh Training Camp



令你有意思想不到的
歷奇體驗



香港青年獎勵計劃

THE HONG KONG AWARD FOR YOUNG PEOPLE



#01 營地介紹

香港青年獎勵計劃賽馬會愛丁堡公爵訓練營

自1983年起一直致力為各中小學、大專院校、制服團體、宗教團體及社區中心等提供多元化的營舍服務。承蒙香港賽馬會慈善信託基金撥款捐助，於2020年完成重建的訓練營提供更完善的營地服務，並融入多個創新節能元素，為青年人提供一個學習數碼科技、創新體育運動及文化創意的發展平台。除了傳統的團隊訓練設施之外，營地採用嶄新科技以配合不同的訓練項目，如擴增實境 (AR) 運動及創新運動、HADO AR 閃避球、AR 攀石等，從而啟發青年人發掘潛能、培育創新思維、提升個人能力、發展個人和社區精神。

營地採用可持續發展標準，並獲得「綠建環評」的銀級認證及中電「創新節能企業大獎」2020 - 智能技術卓越大獎，期望將可持續發展元素融入青年發展及營地管理，為社區帶來最大裨益。



SILVER
銀級
1/2 2022
HKGBC
BEAM Plus
綠建環評

「綠建環評」
銀級認證



全港首個
4人合作繩網



設有AR元素的
嶄新科技運動

TEEN CAN

社企模式餐廳
青薪煮意

#02 營地活動



約齊四個朋友過關無難度!!

歷奇體驗



“歷奇公園”

歷奇公園

全港首個4人團隊挑戰繩網，讓參加者在壯麗美景的戶外空間下，享受高結構繩網挑戰帶來的刺激和樂趣。其中不同的攀爬路線需要不同的合作元素，讓參加者在專業的指導下參與高空挑戰，合力完成不同的難關。團隊完成當刻的滿足感必定會令參加者難以忘懷。

帶好頭盔、扣好安全帶
玩所有歷奇都輕鬆過關啦!!



“游繩下降”



有全天候繩網，
就算落雨都唔驚
無得玩~



玩完高空繩網，
自信都返晒㗎!!

“高空繩網”



“全天候繩網”

“運動攀登”



AR 攀石 / 運動攀登

擴增實境 (Augmented Reality) 近年越來越受歡迎，攀石與AR結合，打破攀石只有向上爬的傳統觀念。AR攀石不但需要攀石技巧，而且需要運用腦筋去獲得分數。兩大模式包括對戰和合作，對戰模式就像玩氣墊球，鬥快射入對方的龍門得分，合作模式則要互相配合去獲取分數。

“康樂繩網”



親子活動



料理大師

在全新的廚藝教學空間，小朋友可以在家長的帶領下盡體驗烘烤手工餅乾的樂趣。課程主要讓小朋友學習不同的材料、製作餅乾的基本步驟以及提供機會讓他們發揮創意。活動過程不但可以提升小朋友對烹飪的樂趣及自理能力，而且可以透過親子互動提升親子關係。



“料理大師”



“AR 閃避球”

HADO AR 閃避球

以擴增實景技術 (AR) 結合傳統閃避球的運動，而創立HADO AR實境閃避球。AR閃避球結合STEAM元素，讓學生一邊運動，一邊接觸新科技，激發他們的協作與溝通能力，成為讓參加者真正動起來的電競項目。

嚟製作獨一無二嘅
紮染手提袋啦！



“紮染體驗”



“智能定向”



營地活動可因應唔同
家庭/團體
度身訂造活動內容！



新興運動



“攻防箭”

攻防箭

攻防箭是近年發展迅速的遊戲活動，不單保留射箭的本質，亦加入閃避球及野外射擊等元素。參加者恍如置身古代戰場上，以原始射藝互相較技，刺激之餘亦適合男女老幼參加。



Mölky

其實係芬蘭語，
係1996年由芬蘭發明
嘅一個投擲遊戲。

“芬蘭木棋”



地壺球同冰壺
一樣刺激好玩！！



“地壺球”



#活動一覽



想了解更多活動
內容可掃描
QR Code
探索更多資訊！

歷奇訓練

AYP一直希望透過歷奇訓練，幫助青年人成長並達至全人發展。於歷奇訓練融入創新元素，包括運動歷奇、綠色歷奇及科技歷奇，讓青年人跳出他們的舒適圈，並提升身心健康、正向思維、團體意識和抗逆力，培育正面價值觀和健康積極意識。

四人合作繩網，
刺激又好玩!!



社區凝聚

促進社會融洽及建立互助互信的社會是AYP的願景之一，希望透過不同教育項目，切合社會不同階層人士的需要。我們為多元人才及邊緣青年提供互相交流的機會，亦協助家長提升親子關係，更鼓勵青年人參加義工服務，學習與長者相處的方式，繼而推廣多元共融。



體育發展

AYP一直著重推動青年體育發展，積極引入新興運動，並提供平台讓青年人學習及推廣不同運動項目，藉此為他們提供發展事業的機會。我們亦希望透過引入容易上手的平板賽艇及VR室內賽艇，增加青年人對賽艇運動的興趣，同時致力向各階層市民推廣新興水上活動的樂趣，讓他們培養運動的習慣，從而令身心得以健康成長。



潛能發掘

為提高青年人對氣候變化的警覺性及潔淨能源的了解，AYP於訓練營興建了「中電 E-Playground」，更推出了多個以能源效益為主題的教育項目，希望青年人可以在新穎有趣的環境下學習能源和環境保護的應用知識。AYP亦希望透過一系列的STEAM教育及智能體驗，提升青年人對電力工程的興趣，令他們得以發揮自身多元潛能。



環境保育

面對海洋污染問題，AYP希望能夠為現況作出改變。透過獨木舟之旅收集海岸垃圾來提高大眾對海洋污染的警覺性，以及重用塑膠廢料製造新興運動物資來推廣「零耗」運動，推廣「轉廢為能」的概念，期望令青年人及社區投入環保生活。

#04 營地地圖 | Camp Map



歡迎不同家庭、團體入住及租借場地，
想了解更多可掃描 QR Code。

#05 租借場地 | Venue Booking

Families and groups are welcome to book and stay. Scan the QR Codes for more details.



#場地一覽
Venues



#客房一覽
Rooms



二人客房 | 2-person Room



三人客房 | Family Room



團體客房 | Dormitory



#06 聯絡方法 | Contact Us

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#01 Introduction



HKAYP Jockey Club Duke of Edinburgh Training Camp

has commenced camp services to schools, tertiary institutions, uniform groups, religious groups and community centres since 1983. It provides young people with a learning venue integrating digital technology, creative culture and innovative sports.

With the generous support from The Hong Kong Jockey Club Charities Trust, the completion of the camp in 2020 marks an important milestone in our training camp reconstruction plan. The campsite breaks traditional stereotype by merging new energy-saving and environmental protection elements. We have achieved the Silver Rating of Final Assessment under the BEAM Plus and CLP Smart Energy Award 2020 – Smart Technology Grand Award for its conservation of materials and energy in the design, construction, operations and maintenance of the building.

#02 Activities



Wear your helmet and safety belts to enjoy adventurous activities!



Adventure Training

We provide various adventure training like Adventure Park, High Rope Course, Sports Climbing, etc. These adventurous activities not only challenge participants' self-confidence, but also benefit them from team-building with fostering communication and trust.

S.T.E.A.M. Activities

Our campsite introduces various technological experiences like Virtual Reality (VR), Drones, Robots, Augmented Reality (AR) like HADO AR Dodgeball and AR Climbing, to let our participants experience the latest technological trends. Regarding arts, participants can join our Tie-dye Workshop and learn different tie-dyeing techniques and maximise their creativity to design their unique products.



Family Activities

Families participate in our activities for enhancing parent-child relationships. Children challenge themselves physically and mentally when participating in our Recreational Rope Course, in which parents' support is important.

Cookery class let children experience cooking, gain confidence, cherish food, and provide an opportunity for parents to understand more about their children.



Newly Emerged Sports

In order to provide an opportunity for all individuals to participate in physical activities, we introduce newly emerged sports like Mölkky and Floor Curling, which are suitable for all ages. Besides, Archery Combat is a combination of archery, dodgeball, and paintball that requires accuracy and teamwork strategies to eliminate opponents.

#03 Programmes



Adventure-Based Training

AYP is committed to helping young people to grow and achieve whole-person development through adventure-based training. Therefore, youths can step out of their comfort zone by adding innovative elements into the training, like sports, eco, and technology, so as to improve their physical and mental health, sense of collectivism, resilience, and cultivate positive value.

Social Cohesion

Fostering social harmony and building a philanthropic society is one of the visions of AYP. We aim to meet the needs of different segments from the society with diversified youth programmes. For instance, we provide opportunities for marginal youths and disabled participants to communicate with each other, enhance parent-child relationships through interactive activities, and encourage teenagers to participate in volunteer services for the elderly, thus promote diversity and inclusion in our society.



Future Potential

To raise the awareness of young people on climate change and clean energy, AYP built "CLP E-Playground" and launched different energy-themed educational projects to deliver a novel experience for youths to learn about energy technology and environmental protection. AYP also aims to increase youths' interest in power engineering through a series of STEAM education and advanced technology experiences, to let young people to explore their potentials.

Sports Development

To promote the development of youth sports, AYP actively introduces emerging sports, provides a platform for young people to learn and promotes different sports activities, also builds up their career development. We also hope to enhance youths' interest in rowing by including Board Rowing and VR Rowing, so they can use water sports to promote doing exercise.



Environmental Conservation

Facing marine pollution problem, AYP aims to raise public awareness through kayak coastal clean-up and promote sports with "Zero Waste" through reusing the plastic waste to create newly emerged sports materials. We hope to encourage the concept of "Waste-to-Energy", and inspire the public to live a sustainable lifestyle.