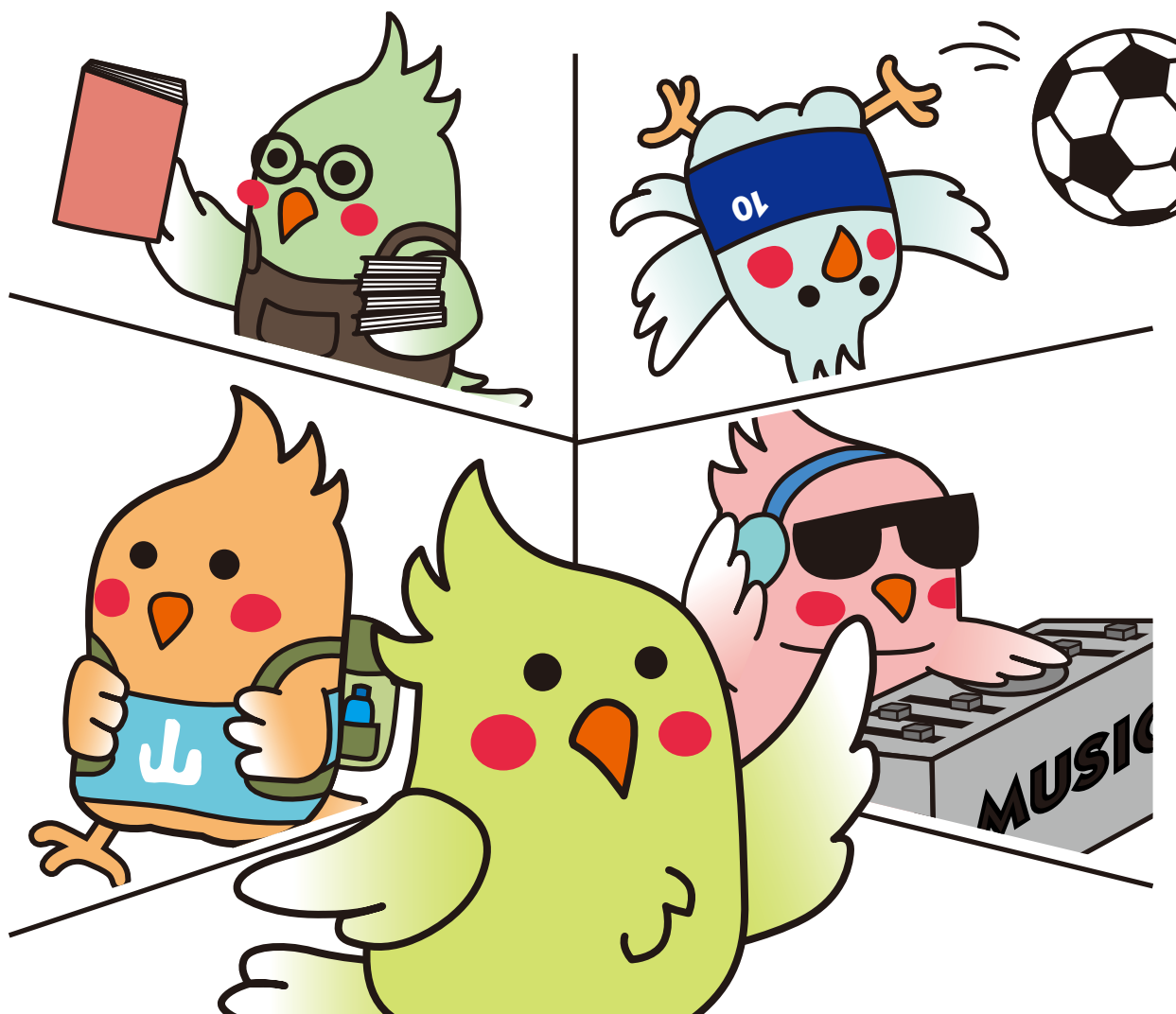


香港青年獎勵計劃

The Hong Kong Award for Young People



體驗「青鳥行動」

為 AYP 旅程作好準備



香港青年獎勵計劃

THE HONG KONG AWARD FOR YOUNG PEOPLE

#01 關於獎勵計劃

香港青年獎勵計劃（簡稱AYP，前身為愛丁堡公爵獎勵計劃）成立於1961年，是國際青年獎勵計劃成員之一。AYP採用一套國際認可的嘉許制度，讓14至24歲的青年人透過完成章級要求，培養勇於挑戰及堅毅的精神。



#02 青鳥行動

為12至14歲的青年人而設，目的是讓他們在參加AYP前作好準備，體驗獎勵計劃的四科活動。參加本活動的年齡最遲為13歲半，完成後可獲取「青鳥」紀念獎章及獎狀，繼而開展AYP銅章級（參加年齡不少於14歲）。

挑戰完「青鳥」，
一個國際性嘅
獎勵計劃等緊你啦！



四科活動



服務



遠足



技能



康樂體育

參與方法

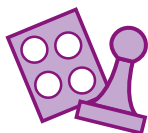
係獲發紀錄咭之前進行緊嘅活動，
係唔可以用嚟完成青鳥活動㗎！

步驟1



向任何一間推行
香港青年獎勵計劃的
執行處/執行處支部報名

步驟2



獲發紀錄咭：
記錄活動及完成
日期之用

步驟3



完成四科活動後，
紀錄咭需經執行處/
執行處支部蓋印

步驟4



將紀錄咭連同已填妥
之完成通知書交回
AYP總辦事處

步驟5



獲取「青鳥」
紀念獎章及獎狀

#01 About the Award

The Hong Kong Award for Young People (AYP)

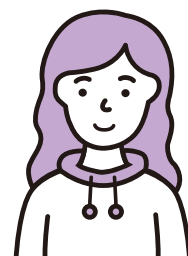
formerly known as The Duke of Edinburgh's Award, was established in Hong Kong in 1961 and is a member of The Duke of Edinburgh's International Award Foundation. AYP hopes to cultivate young people from 14 to 24 years old with perseverance and the spirit of self-challenge through unique international principles.



#02 Green Bird in Action

lets young people aged 12-14 to prepare themselves before joining the Award Scheme. Participants have to start Green Bird on or before 13.5 years old. A Green Bird badge and a certificate will be granted upon completion of the 4 Sections. Participants can then progressively join the Bronze Level (the minimum age of entry is 14).

Join Bronze Level after your Green Bird!



4 Sections' Activities



Service



Excursions



Skills



Physical Recreation

Steps to Join

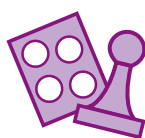
Any activities which have started before getting the Record Card would not be counted.

STEP 1



Enrol in any one of the Operating Authorities/ User Units running The Hong Kong Award for Young People

STEP 2



Receive a Record Card for record purposes

STEP 3



Upon completion of **4 Sections**, participants may submit their Record Cards to Operating Authorities/ User Units' representatives

STEP 4



Bring along the duly stamped and signed Record Cards with Attainment Forms to Award Headquarter

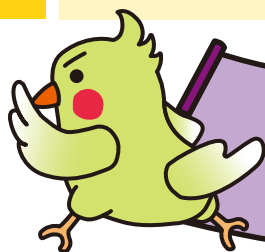
STEP 5



Gain badges and certificates

#03 獲章資格 | Qualification

| | 目的 Aims | 要求 Requirements | 活動 Activities |
|---------------------------------|---|--|--|
| 服務 Service | 培養服務精神 To encourage providing service to others | 10小時 10 hours | 例：清潔運動、圖書館服務、急救服務等 E.g. cleaning campaign, library service, first aid service |
| 遠足 Excursions | 鼓勵參加短途旅程，認識和欣賞大自然 To encourage taking a short journey for discovery and appreciation of nature | 1天旅程 1-day journey | 例：旅行、行山、觀光活動等 E.g. picnic, hiking, sightseeing |
| 技能 Skills | 發掘和培養個人興趣 To encourage exploring and developing personal interests | 3個月 3 months | 例：語言、集郵、音樂、象棋等 E.g. language, philately, music, chess |
| 康樂體育 Physical Recreation | 鼓勵參與康體活動，以提高技術水平 To encourage participating in physical recreation and enhancing skill level | 12分（每參加半小時一節之活動得1分，每週得分不得超過2分） 12 points (1 point for each half-hourly session and not more than 2 points to be counted per week) | 例：游泳、球類活動、田徑等 E.g. swimming, ball games, athletics |



想了解更多活動內容可掃描
QR Code 探索更多資訊!!
Scan the QR code to know more
about Green Bird in Action!



#04 聯絡方法 | Contact Us

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