

Five Sections Handbook Updates

Important Notice

The new Five Section Handbook requirements will be implemented starting from **1st April 2022**, details are as follow:

1. Participants who start joining the Award **on or after 1st April 2022** have to follow the updated Five Sections requirements to complete the Award.
2. Current participants who have already started any section of an Award Level **before 1st April 2022** have to follow the original Five Sections requirements to complete that Award Level (except Adventurous Journey Section, i.e. Expeditions Section from the past).
3. Following the above, in order to facilitate Operating Authorities and User Units in promoting the Award and organizing activities, and to encourage participants completing the Award, even participants have already started any section of an Award Level **before 1st April 2022**, they can **follow the updated requirements to complete the Adventurous Journey Section**.
4. Participants who are starting a new Award Level **on or after 1st April 2022** have to follow the updated Five Sections requirements to complete the Award.

The follow are tables for comparing the Five Sections requirements before and after the updates, detailed version of requirements will be published later in the updated Handbook.

General Condition after Updates

- The minimum age for joining different Award Levels remains unchanged.
- After updating the requirements, **Bronze Level, Direct Silver Level and Direct Gold Level** participants have to choose **ONE SECTION** from **Skills, Service or Physical Recreation** according to their interest and planning as “Major”, while the other two as “Minors”. Participants are free to choose the section they are interested in as “Major”, in order to arrange more time on it to get better understanding in that aspect. Progressive Silver Level and Progressive Gold Level participants do not have to choose “Major” and “Minors”.

Award Level	Requirements of Skills, Service and Physical Recreation Sections after updates	“Major” Requirements
Bronze	13 hours over a minimum of 3 months (13 weeks)	All participants have to choose one section as “Major”, doing extra 13 hours (3 months) of activities, i.e. 26 hours (6 months) in total
Silver	26 hours over a minimum of 6 months (26 weeks)	Direct Silver participants have to choose one section as “Major”, doing extra 26 hours (6 months) of activities, i.e. 52 hours (12 months) in total
Gold	52 hours over a minimum of 6 months (52 weeks)	Direct Gold participants have to choose one section as “Major”, doing extra 26 hours (6 months) of activities, i.e. 78 hours (18 months) in total

Skills Section

- The activity requirements of the section remain mostly unchanged; there will be some updates on the duration due to the arrangement of “Major” and “Minors”.

Award Level	Current requirements	Requirements after updates
Bronze	At least 6 months	Major: Min. 26 hours over a min. of 6 months (26 weeks) Minor: Min. 13 hours over a min. of 3 months (13 weeks)
Direct Silver	At least 12 months	Major: Min. 52 hours over a min. of 12 months (52 weeks) Minor: Min. 26 hours over a min. of 6 months (26 weeks)
Progressive Silver	At least 6 months	Min. 26 hours over a min. of 6 months (26 weeks) (Not required to choose “Major” and “Minors”)
Direct Gold	At least 18 months	Major: Min. 78 hours over a min. of 18 months (78 weeks) Minor: Min. 52 hours over a min. of 12 months (52 weeks)
Progressive Gold	At least 12 months	Min. 52 hours over a min. of 12 months (52 weeks) (Not required to choose “Major” and “Minors”)

Service Section

- The activity requirements of the section will be counted with hours and duration, the forms of participation Group 2 “Services requiring specialized training” and Group 3 “Services requiring specific qualification” will be cancelled.

Award Level	Current requirements		Requirements after updates
Bronze	Grp 1	Min. 15 hours over a min. of 3 months	Major: Min. 26 hours over a min. of 6 months (26 weeks) Minor: Min. 13 hours over a min. of 3 months (13 weeks)
	Grp 2	At least 10 hours of training	
	Grp 3	Attainment of qualification	
Direct Silver	Grp 1	Min. 30 hours over a min. of 6 months	Major: Min. 52 hours over a min. of 12 months (52 weeks) Minor: Min. 26 hours over a min. of 6 months (26 weeks)
	Grp 2	At least 15 hours of training	
	Grp 3	Attainment of qualification	
Progressive Silver	Same as Direct Silver		Min. 26 hours over a min. of 6 months (26 weeks) (Not required to choose “Major” and “Minors”)
Direct Gold	Grp 1	Min. 100 hours over a min. of 12 months	Major: Min. 78 hours over a min. of 18 months (78 weeks) Minor: Min. 52 hours over a min. of 12 months (52 weeks)
	Grp 2	At least 20 hours of training, and at least 40 hours of practical service over a min. of 12 months	
	Grp 3	Attainment of qualification, and at least 40 hours of practical service over a min. of 12 months	

Progressive Gold	Same as Direct Gold	Min. 52 hours over a min. of 12 months (52 weeks) (Not required to choose “Major” and “Minors”)
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Physical Recreation Section

- The activity requirements of the section will be counted with hours and duration, while the pointing system will be cancelled. The forms of participation Group 2 “AYP Standard” and Group 3 “National Sports Association Training Certificates” will also be cancelled.

Award Level	Current requirements		Requirements after updates
Bronze	Grp 1	24 points over a min. of 3 months	Major: Min. 26 hours over a min. of 6 months (26 weeks) Minor: Min. 13 hours over a min. of 3 months (13 weeks)
	Grp 2	24 points, with at least 12 points of training and gaining the remaining points by attainment of standard	
	Grp 3	24 points, with at least 12 points of participation and gaining the remaining points by achieving certificates	
Direct Silver	Grp 1	30 points over a min. of 6 months	Major: Min. 52 hours over a min. of 12 months (52 weeks) Minor: Min. 26 hours over a min. of 6 months (26 weeks)
	Grp 2	30 points, with at least 12 points of training and gaining the remaining points by attainment of standard	
	Grp 3	30 points, with at least 12 points of participation and gaining the remaining points by achieving certificates	
Progressive Silver	Same as Direct Silver		Min. 26 hours over a min. of 6 months (26 weeks) (Not required to choose “Major” and “Minors”)
Direct Gold	Grp 1	36 points over a min. of 12 months	Major: Min. 78 hours over a min. of 18 months (78 weeks) Minor: Min. 52 hours over a min. of 12 months (52 weeks)
	Grp 2	36 points, with at least 12 points of training and gaining the remaining points by attainment of standard	
	Grp 3	36 points, with at least 12 points of participation and gaining the remaining points by achieving certificates	
Progressive Gold	Same as Direct Gold		Min. 52 hours over a min. of 12 months (52 weeks) (Not required to choose “Major” and “Minors”)

Adventurous Journey Section

- The name of Expeditions Section will be changed to Adventurous Journey Section.
- Explorations will be opened to Bronze Level participants too.
- The days required for field trainings and practices will be changed.

Award Level	Current requirements	Requirements after updates
Bronze	1+1+2 (PJ)+2 (AJ) = 6	1+1(PJ)+2(AJ) = 4
Direct Silver	1+2+2 (PJ)+3 (PJ)+3 (AJ) = 11	1+2+2 (PJ) +3 (AJ) = 8
Progressive Silver	1+2+3 (PJ) +3 (AJ) = 9	1+2 (PJ) +3 (AJ) = 6
Direct Gold	1+2+2 (PJ)+3 (PJ)+ 4 (PJ)+4 (AJ) = 16	1+2+2 (PJ)+3 (PJ)+4 (AJ) = 12
Progressive Gold	2+2+4 (PJ)+4 (AJ) = 12	2+2 (PJ)+4 (AJ) = 8

Remarks: PJ = Practice Journey, AJ = Assessment Journey

- The requirements of all types of venture will be counted using activity hours, participants can plan their journey hours according to their physical condition or journey purpose.

Award Level	Requirements after updates	Remarks
Bronze	Min. 12 hours of purposeful effort in 2 days	Purposeful effort includes journeying and working on the purpose. Setting up a camp and cooking will not be counted.
Silver	Min. 21 hours of purposeful effort in 3 days	
Gold	Min. 32 hours of purposeful effort in 4 days	

Residential Project Section (Gold Level only)

- There are no updates for Residential Project Section.

Current requirements	Requirements after updates
5 days and 4 nights (in consecutive) purposeful activity in the company of other young people who are not familiar with	No updates required.