

## Five Sections Handbook Updates

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### Important Notice

The new Five Section Handbook requirements will be implemented starting from **1<sup>st</sup> April 2022**, details are as follow:

1. Participants who start joining the Award **on or after 1<sup>st</sup> April 2022** have to follow the updated Five Sections requirements to complete the Award.
2. Current participants who have already started any section of an Award Level **before 1<sup>st</sup> April 2022** have to follow the original Five Sections requirements to complete that Award Level (except Adventurous Journey Section, i.e. Expeditions Section from the past).
3. Following the above, in order to facilitate Operating Authorities and User Units in promoting the Award and organizing activities, and to encourage participants completing the Award, even participants have already started any section of an Award Level **before 1<sup>st</sup> April 2022**, they can **follow the updated requirements to complete the Adventurous Journey Section**.
4. Participants who are starting a new Award Level **on or after 1<sup>st</sup> April 2022** have to follow the updated Five Sections requirements to complete the Award.

The follow are tables for comparing the Five Sections requirements before and after the updates, detailed version of requirements will be published later in the updated Handbook.

### **General Condition after Updates**

- The minimum age for joining different Award Levels remains unchanged.
- After updating the requirements, **Bronze Level, Direct Silver Level and Direct Gold Level** participants have to choose **ONE SECTION** from **Skills, Service or Physical Recreation** according to their interest and planning as “Major”, while the other two as “Minors”. Participants are free to choose the section they are interested in as “Major”, in order to arrange more time on it to get better understanding in that aspect. Progressive Silver Level and Progressive Gold Level participants do not have to choose “Major” and “Minors”.

<b>Award Level</b>	<b>Requirements of Skills, Service and Physical Recreation Sections after updates</b>	<b>“Major” Requirements</b>
<b>Bronze</b>	13 hours over a minimum of 3 months (13 weeks)	<b>All participants</b> have to choose <b>one section</b> as “Major”, doing extra 13 hours (3 months) of activities, i.e. 26 hours (6 months) in total
<b>Silver</b>	26 hours over a minimum of 6 months (26 weeks)	<b>Direct Silver participants</b> have to choose <b>one section</b> as “Major”, doing extra 26 hours (6 months) of activities, i.e. 52 hours (12 months) in total
<b>Gold</b>	52 hours over a minimum of 6 months (52 weeks)	<b>Direct Gold participants</b> have to choose <b>one section</b> as “Major”, doing extra 26 hours (6 months) of activities, i.e. 78 hours (18 months) in total

## Skills Section

- The activity requirements of the section remain mostly unchanged; there will be some updates on the duration due to the arrangement of “Major” and “Minors”.

Award Level	Current requirements	Requirements after updates
<b>Bronze</b>	At least 6 months	<b>Major:</b> Min. 26 hours over a min. of 6 months (26 weeks) <b>Minor:</b> Min. 13 hours over a min. of 3 months (13 weeks)
<b>Direct Silver</b>	At least 12 months	<b>Major:</b> Min. 52 hours over a min. of 12 months (52 weeks) <b>Minor:</b> Min. 26 hours over a min. of 6 months (26 weeks)
<b>Progressive Silver</b>	At least 6 months	Min. 26 hours over a min. of 6 months (26 weeks) <b>(Not required to choose “Major” and “Minors”)</b>
<b>Direct Gold</b>	At least 18 months	<b>Major:</b> Min. 78 hours over a min. of 18 months (78 weeks) <b>Minor:</b> Min. 52 hours over a min. of 12 months (52 weeks)
<b>Progressive Gold</b>	At least 12 months	Min. 52 hours over a min. of 12 months (52 weeks) <b>(Not required to choose “Major” and “Minors”)</b>

## Service Section

- The activity requirements of the section will be counted with hours and duration, the forms of participation Group 2 “Services requiring specialized training” and Group 3 “Services requiring specific qualification” will be cancelled.

Award Level	Current requirements		Requirements after updates
<b>Bronze</b>	Grp 1	Min. 15 hours over a min. of 3 months	<b>Major:</b> Min. 26 hours over a min. of 6 months (26 weeks) <b>Minor:</b> Min. 13 hours over a min. of 3 months (13 weeks)
	Grp 2	At least 10 hours of training	
	Grp 3	Attainment of qualification	
<b>Direct Silver</b>	Grp 1	Min. 30 hours over a min. of 6 months	<b>Major:</b> Min. 52 hours over a min. of 12 months (52 weeks) <b>Minor:</b> Min. 26 hours over a min. of 6 months (26 weeks)
	Grp 2	At least 15 hours of training	
	Grp 3	Attainment of qualification	
<b>Progressive Silver</b>	Same as Direct Silver		Min. 26 hours over a min. of 6 months (26 weeks) <b>(Not required to choose “Major” and “Minors”)</b>
<b>Direct Gold</b>	Grp 1	Min. 100 hours over a min. of 12 months	<b>Major:</b> Min. 78 hours over a min. of 18 months (78 weeks) <b>Minor:</b> Min. 52 hours over a min. of 12 months (52 weeks)
	Grp 2	At least 20 hours of training, and at least 40 hours of practical service over a min. of 12 months	
	Grp 3	Attainment of qualification, and at least 40 hours of practical service over a min. of 12 months	

<b>Progressive Gold</b>	Same as Direct Gold	Min. 52 hours over a min. of 12 months (52 weeks) <b>(Not required to choose “Major” and “Minors”)</b>
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### Physical Recreation Section

- The activity requirements of the section will be counted with hours and duration, while the pointing system will be cancelled. The forms of participation Group 2 “AYP Standard” and Group 3 “National Sports Association Training Certificates” will also be cancelled.

<b>Award Level</b>	<b>Current requirements</b>		<b>Requirements after updates</b>
<b>Bronze</b>	Grp 1	24 points over a min. of 3 months	<b>Major:</b> Min. 26 hours over a min. of 6 months (26 weeks) <b>Minor:</b> Min. 13 hours over a min. of 3 months (13 weeks)
	Grp 2	24 points, with at least 12 points of training and gaining the remaining points by attainment of standard	
	Grp 3	24 points, with at least 12 points of participation and gaining the remaining points by achieving certificates	
<b>Direct Silver</b>	Grp 1	30 points over a min. of 6 months	<b>Major:</b> Min. 52 hours over a min. of 12 months (52 weeks) <b>Minor:</b> Min. 26 hours over a min. of 6 months (26 weeks)
	Grp 2	30 points, with at least 12 points of training and gaining the remaining points by attainment of standard	
	Grp 3	30 points, with at least 12 points of participation and gaining the remaining points by achieving certificates	
<b>Progressive Silver</b>	Same as Direct Silver		Min. 26 hours over a min. of 6 months (26 weeks) <b>(Not required to choose “Major” and “Minors”)</b>
<b>Direct Gold</b>	Grp 1	36 points over a min. of 12 months	<b>Major:</b> Min. 78 hours over a min. of 18 months (78 weeks) <b>Minor:</b> Min. 52 hours over a min. of 12 months (52 weeks)
	Grp 2	36 points, with at least 12 points of training and gaining the remaining points by attainment of standard	
	Grp 3	36 points, with at least 12 points of participation and gaining the remaining points by achieving certificates	
<b>Progressive Gold</b>	Same as Direct Gold		Min. 52 hours over a min. of 12 months (52 weeks) <b>(Not required to choose “Major” and “Minors”)</b>

## Adventurous Journey Section

- The name of Expeditions Section will be changed to Adventurous Journey Section.
- Explorations will be opened to Bronze Level participants too.
- The days required for field trainings and practices will be changed.

Award Level	Current requirements	Requirements after updates
<b>Bronze</b>	1+1+2 (PJ)+2 (AJ) = 6	1+1(PJ)+2(AJ) = 4
<b>Direct Silver</b>	1+2+2 (PJ)+3 (PJ)+3 (AJ) = 11	1+2+2 (PJ) +3 (AJ) = 8
<b>Progressive Silver</b>	1+2+3 (PJ) +3 (AJ) = 9	1+2 (PJ) +3 (AJ) = 6
<b>Direct Gold</b>	1+2+2 (PJ)+3 (PJ)+ 4 (PJ)+4 (AJ) = 16	1+2+2 (PJ)+3 (PJ)+4 (AJ) = 12
<b>Progressive Gold</b>	2+2+4 (PJ)+4 (AJ) = 12	2+2 (PJ)+4 (AJ) = 8

Remarks: PJ = Practice Journey, AJ = Assessment Journey

- The requirements of all types of venture will be counted using activity hours, participants can plan their journey hours according to their physical condition or journey purpose.

Award Level	Requirements after updates	Remarks
<b>Bronze</b>	Min. 12 hours of purposeful effort in 2 days	Purposeful effort includes journeying and working on the purpose. Setting up a camp and cooking will not be counted.
<b>Silver</b>	Min. 21 hours of purposeful effort in 3 days	
<b>Gold</b>	Min. 32 hours of purposeful effort in 4 days	

## Residential Project Section (Gold Level only)

- There are no updates for Residential Project Section.

Current requirements	Requirements after updates
5 days and 4 nights (in consecutive) purposeful activity in the company of other young people who are not familiar with	No updates required.