

## Silver Level Cycling Expeditions Training Course

In order to provide a wide variety of activities in Expeditions Section for participants, Expeditions Panel has held a Silver Level Cycling Expeditions Training Course.

Starting from February 2017, participants have been attending lectures to acquire basic knowledge in Cycling Expeditions. They have undergone several practice journeys and have made every endeavor to conquer different difficulties. With the bikes and their hard work, they eventually finished their assessment journey in May.



*Participants look like professional cyclists.*

There are total 10 participants successfully accomplished the course and got their record books signed, which mark the end of their silver level Expeditions Section. Meanwhile, this training course also provided an opportunity for potential cycling instructors to finish their placement. They may hence register to become Expeditions Cycling Instructors in the future and continue to help promote cycling development in Expeditions Section.

