## PR Section Annual Seminar 2017- 'Cycling Development'

Seminar on "Cycling Development" organized by the Physical Recreation Section has been successfully held on 6th December 2017. Mr. Liu Ka Kit (Panel Member of PR Section) and Ms. Cham Yuen Wai (CRS Cycling Instructor) were our guest of speakers. The activity attracted over 40 instructors to join.



Over 40 instructors joined the seminar.

The activity began with Mr. Liu Ka Kit, who introduced how to complete PR Section by cycling activity under Group I (Participation). He also advised that some training could



take cycling competency test of Cycling Expeditions as a reference. Afterwards, CRS cycling instructor, Ms. Cham Yuen Wai shared requirement of Cycling Expeditions. By understanding more about cycling activities in Expeditions and PR Section, instructors could know how both sections complemented each other.





PR Section Vice- Convener, Ms. Irene Chan presented souvenirs to the speakers, which marked the end of the seminar.