

Dr. Irene Tang AYP Nepal Service Project 2018 (1-9/8/2018)

A 8-day and 7-night service project to Nepal was successfully held between 1 August and 9 August 2018. 10 Hong Kong Gold Award participants traveled to different places in Nepal with 1 Nepal Gold Award holder. Participants visited Kathmandu, Namobuddha and local schools to have different cultural exchange activities. Participants stayed in Nepali homes in Patlekhet to experience village life. During the trip, Hong Kong participants spent valuable time with local families and friends and built up friendship with each other.

During the trip, participants knew more about the history, religion and culture of Nepal through various activities. They visited Bhaktapur Durbar Square and Namobuddha to explore the Nepali religion belief - Hinduism and the daily lives of Nepali people. Sandeep, one of the Gold Award Holder in Nepal became a tour guide, sharing his life and wishes. During the visit to a village school, participants introduced Hong Kong to the students and played mathematics games with them. Participants also visited a school in Kathmandu and shared their Award journey with local students who were participating in the Bronze Award.

Participants experienced 7-day and 6-night village life in Patlekhet where the boys and girls stayed with two host families. They assisted the villagers to reconstruct the roads which were destroyed during the earthquake in 2015. After few days of hard work, a staircase made of stone was successfully built so that villagers could walk safely up and down from then. Though the village facilities were not very well developed and there were cut off of electricity and lack of water, the beautiful rural scenery and the enthusiasm of host families created fruitful and unforgettable experience for the 10 participants.



Participants prepared a handmade souvenir for Nepal International Award Association.



10 Gold Award participants and 2 assessors started their Nepal Journey.



Participants visited Bhaktapur Durbar Square, a local historical site.



The group tasted local snacks including Lassi (similar to yoghurt) and Momo (similar to dumplings).



The girls and brothers in host family were having lunch together.



Participants experienced their homestay in Patlekhet, a village with very beautiful scenery.



Roads were destroyed during earthquake. This made villagers difficult to go in and out of the village and might even get hurt. Participants helped reconstruct a new staircase.



Participants had to choose suitable stones and move them to designated location. Villagers would build the stone staircase. Since the stones were huge and heavy, the team was exhausted every time they finished work.



The girls wore traditional Nepali clothes and took photos with their family.



The boys appreciated the Dal Bhat which mother cooked for them.



The group visited a village school and played games with students. 2 girls represented the group to introduce the reason why they were there.



A group of 13 people were led by the host family brother to Namu Buddha to know more about Hinduism and the story behind.



Participants prepared a Chinese calligraphy experience for the locals.



The two host families brought the finished work home as souvenirs.



The girls prepared Hong Kong style dishes including fried tomatoes and eggs, fried eggplants with mushrooms and pumpkin soup for their host family.



The girls' host family enjoyed what the girls prepared for the dinner. They even asked for the recipe of fried tomatoes and eggs.



The boys prepared Hong Kong style french toast for their host family.



The villagers held a farewell ceremony for the participants, showing thanks to their efforts on reconstruction work.



Participants shared their award experience with local students.



The group presented a souvenir to Ram and Roshi, staff of Nepal International Award Association for their utmost care and arrangement of this trip.