## [Dr. Irene Tang AYP Japan Hiroshima Cycling Expedition 2019]

Dr. Irene Tang AYP Japan Hiroshima Cycling Expedition 2019 was successfully held from 24th to 31st December 2019 in Hiroshima Prefecture. 10 Hong Kong participants completed a 4-days and 3-nights Gold Level Expeditions Section Assessment Journey.



A group photo was taken before going to Japan



Participants purchased food and fuel for their coming journey.

For the first day of the assessment journey, participants left Onomichi and passed Mukaishima, Innoshima and Ikuchijima. They arrived Tatara Camping Ground and set up their tents for rest at the end.



Participants were checking their bicycles.



Participants were riding bicycles in Onomichi.



1<sup>st</sup> Campsite: Tatara Camping Ground

Although the second day was rainy and cold, participants persisted in completing the journey.





Riding bike during rainy day



2<sup>nd</sup> Campsite: Michikajima Camping Ground

For the third day of the assessment journey, they visited the iconic Murakami Suigun Museum and Kirosan. He height of Kirosan is 307m. Participants put lots of effort to overcome it by cycling.



Participants fixed flat tire by themselves



A group photo was taken in Kirosan Observatory Park

For the last day of the assessment journey, participants took ferry to Okamura Island for renting new bikes and finished their journey in Nigata Station. The programme provided a great opportunity for participants to complete Gold Level Expeditions Section overseas.



於岡村島出發,進行最後一天旅程



最終於仁方站速 4 日 3 夜的評核旅程